

Tampa Bay Chapter

P.O. Box 3226 Tampa, Florida 33601-3226

www.bpusatampabay.org

March 2007



This month's newsletter lovingly sponsored by the family of:

PHILLIP (PJ) COMBS

MEETING INFORMATION

Regular Monthly SUNDAY Meeting Sunday, March 11, 6:30 to 8:30

(We normally have short separate break out sessions for Fathers and Mothers)

St. Joseph's Hospital Medical Arts Building, Auditorium 3001 Martin Luther King Jr. Blvd.

Call Linda Delk at 813-661-0680 for directions or information.

Regular Monthly DAYTIME Meeting Riverview/Gibsonton/Brandon areas

(held the second Friday each month)
Friday, March 9, 10:00 a.m. to noon

First United Methodist Church of Brandon
In the Office Building, Koinonia Room
120 North Knights Avenue, Brandon
Call Kathy Simone at 813-653-1717
for directions or information.

Regular Monthly BRADENTON Meeting

(held the third Monday each month) **Monday, March 19, 7:30 to 9:30 p.m.** Braden River Baptist Church, 5412 SR 64 I-75 to SR 64 (Exit 220) Melissa Coxwell at 941-708-7052

Regular Monthly PLANT CITY Meeting

(held the fourth Thursday of the month)

Thursday, March 22, 7:00 to 9:00 p.m.

South Florida Baptist Hospital

301 N. Alexander Street, Plant City
in the Community Conference Room

Call Sue Bowditch at 813-661-9334
for directions or information.

We understand how difficult it is to attend your first meeting. Feelings can be overwhelming; we have all experienced them and know how important it is to take the first step. Our stories may be different, but we are alike in that we all hurt deeply. We can not take your pain away, but we can offer friendship and support. Bring a friend or relative to lean on if you wish! We need not grieve alone! See you next month.

Upcoming Events

Angel of Hope meeting, Monday,
April 2, 7:00 p.m.,
NEW LOCATION—I-HOP Restaurant,
11710 Morris Bridge Road,
Temple Terrace, FL 33617

Angel of Hope, Crop for Hope Saturday, March 17 (See details Page 2)

Angel of Hope, Spring Tea Saturday, April 28 (See details Page 2)



How Many Children Do You Have?

Mary Cleckley, Atlanta, GA

Shortly after my son died, I realized that this ques-

tion was going to be bothersome. Each time someone asked me about the number of children, I struggled with the answer. I soon decided I was not going to let this become a problem. I thought about how I felt about my choices of answer and chose the one that met my needs in the beginning. I had a surviving daughter, but I knew for me to say "one" would seem a denial on my part that my son had lived, and that wasn't right for me.

In the beginning, when I still needed to tell people that my son had died, I would tell in detail about his accident when the question about how many children came my way. As the months passed and I had told the story enough times, I found that it wasn't necessary to go into detail any more. My needs had changed, and I rethought my answer.

Now, when I am asked how many children I have, I answer, "I <u>had</u> two children. The criteria I used in determining if I go any further is whether the person asking is going to be a continuing part of my life. If so, they need to know about my son, and I tell them. Otherwise, we will be constantly dancing around that fact. Better, I think, to have it out in the open. It then loses its ability to interfere with the relationship.

If, on the other hand, the person asking is simply passing through my life, then I feel no need to go any further than, "I had two children." Seldom does anyone catch the <u>had</u> instead of <u>have</u>, and pursue it. If they do, or if they ask follow up questions about ages or professions, I tell them first that my 26 year old son was killed in an accident. Then I tell them about my daughter who is alive and doing well. This gives them a choice. They can either acknowledge my son's death and ask questions, or they can ignore that and ask about my daughter. I am comfortable either way. If they are embarrassed, I see that as their problem. Just to show you how different we all are, however, my husband feels comfortable answering, "We have one child." That is what is right for him and is what he should say.

You decide what is right for you - then say it. That way you defuse that powerful question and it loses its ability to traumatize. Don't let it be a problem.

Chapter News

ANGEL OF HOPE UPDATE www.angelofhopetampabay.org

Efforts to bring an Angel of Hope Memorial Garden to the Tampa Bay Area were announced at the 2003 BP/USA Annual Candle Light. We agreed to have a monthly committee meeting (unless a holiday week-

end)! Please call Beverley Hurley for more information 813-832-3175. We are still working on fund raisers and need your help!!

SPRING TEA

Our annual Spring Tea will be held <u>Saturday</u>, <u>April 28</u>, <u>2007</u>, at the Comfort Inn at 275 and Busch Blvd. We are now taking table reservations for you and your friends. We will have a guest speaker, entertainment, door prizes and a raffle! New this year—a Fashion Show! More information to follow! Please call Jackie Loadholtz 813-929-0585.

Please join us at our next Crop for Hope:

Saturday, March 17th, 2007

10 am.-2 pm.

Children's Board of Hillsborough County
(Historic Ybor- Corner of Nebraska & Palm Ave.)

1002 E. Palm Avenue, Tampa, FL 33605

Please send your \$15 registration fee to:

3815 Olde Lanark Dr.; Land O' Lakes FL 34638

no later than: Saturday, March 10th!!!

(Checks should be written to Angel of Hope)

Please contact Gina Casal

if you have any questions regarding this event.

H. (813)746-4796 C. (813)495-7539

GinaCasal15@tampabay.rr.com

We hope to see you there!!!

Cartridge Buy Back Program to benefit the Angel of Hope!

Please bring your empty inkjet and laser toner cartridges to any of our Angel of Hope or BP/USA meetings. Barbara Dietrich has volunteered to collect these and turn them in for a refund to benefit the Angel of Hope or call her at 813-340-9120.

Telephone Friends

Need to talk? Call one of our Telephone Friends. They're here to lend a knowing ear because they've been there. Don't hesitate to call, we understand.

| Linda Delk (General Information) | (813) 661-0680 |
|---|----------------|
| Theresa Farmer (Homicide) | (813) 994-0707 |
| Traci Cooley (Drowning) | (813) 654-1381 |
| Ron Ellington (Suicide/Grandparent) | (727) 410-2308 |
| Serena Graves (Sibling Contact) | (727) 239-2471 |
| Violeta "Cookie" Fernandez (Se Habla Espano) | (813) 996-4281 |
| CRISIS CENTER | 211 |

Bereaved Parents/USA National Office Post Office Box 95, Park Forest, IL 60466 Phone/Fax: (708) 748-7866 www.bereavedparentsusa.org



Tommy & Barbara Dietrich
Purchased a punch fountain to be used at our events
In loving memory of their daughter

Jamie Rachel Dietrich

11/20/1977-11/17/2004

Thomas Sluder
In loving memory of his daughter and son
Kathryn Sluder
8/31/1966-3/17/2002
Keith Sluder
4/25/1964-5/11/2006

Love Gifts A Thoughtful Way to Remember

Love Gifts are a beautiful and loving way to remember a loved one. Through Love Gifts, we are able to reach out to others with our brochures and newsletters as well as obtain books and other information for our library. We truly appreciate every Love Gift, donation and sponsorship. Our Chapter work is done by volunteers and these donations help us reach out in many ways, including the preparation and mailing of the newsletter.

Sponsor A Newsletter Page

Anyone can sponsor a page in this newsletter in memory of their child. The price for a full page is \$60 which includes <u>one</u> black and white scan of <u>one</u> photograph and your tribute to your child, which can include poems, stories or whatever you like. Your contribution supports the chapter and helps pay for the printing of the newsletter.

Additionally, sponsorship pages will be posted on our Website for 1 year. Simply click on "How we remember."

To sponsor a newsletter page, contact Beverley Hurley at (813) 832-3175 (email address: bee.hurley@gte.net). Please note that sponsorship pages are <u>due by the 15th of the month BEFORE the publication month.</u>

Chapter Library Book Reminder

Have you got a Bereaved Parent of the USA Library book at home? If you have finished reading it, please return it to our library so other bereaved parents can benefit from its words and wisdom. Because of our limited budget, it is normal to only have one copy of any one title, so its important to have the books returned promptly.

Contact Dave or Kathy Simone at (813) 653-1717 to return a book, arrange a donation or inquire about an available title. Or, visit the Sunday monthly meeting where the library is always set up at these meetings.





Our Children . . . Remembered

So long as we live, they too shall live ...

For they are a part of us as we remember them.

March Birthdays

3

Berry, Michelle 3/8/1967 - 4/2/2003 P-Joanne & Lawrence Ouellette B-Russ, David, Scott & Joe S-Denise Volo Son-Bobby

Booker, Michelle Elizabeth 3/25/1987 - 12/1/2004 P-Michael & Bonnie Booker B-Justine & Dillon Booker GP-Betty Nichols and Ed & Janice Falcon

Buchanan, Sierra Lan 03/07/96 - 05/25/96 P - Kim & Bryan Buchanan S - May Linh Buchanan

Clark, Kellen William 3/16/82 - 4/15/02 F - Bill Clark

Clements, George R. 03/25/1972 - 12/9/1996 M-Sherrie Clements S-Carey & Cory Clements

Cloer, Terry "T.C." Jr. 03/28/74 - 05/24/91 P - Nadine & Terry Cloer, Sr. S - Judy Cloer

Combs, Phillip (PJ) 3/24/1986-6/12/2004 P-Lisa & Phillip Sr. B-Travis GP-Sharon & Tom Pyche

Cooley, Malena Rose 3/23/1998 - 9/4/2000 P - Scott & Traci Cooley

B - Nolan S - Madelyn & Olivia Cowen, Chad 3/31/1973 - 6/7/1997 P - Mary "Pete" & Mike Cowen

S - Tiffany Larson

Cuena, Daisy 03/19/27 - 1992 M - Gladys Garcia

Daily, Male - 12/12/1998 P - Steve & Lori Darby S - Cody, Austin, Benjamin Darby GP - John & Linda Darby

Dart, Tracy 3/11/1970-6/13/2006 M-Sue Milson

Dixon, Austin Ryan 03/18/97 - 05/18/98 P - Carrie & Robert Dixon S-Sara Ryan Dixon

Durazzo, Jill 9/8/1964-3/13/1980 P-Diane & Paul Durazzo B-Richard

Ellington, Timothy 03/06/62 - 05/25/91 F - Ron Ellington

Fernandez, Karen Irene 03/08/68 - 08/23/88 M - Violeta "Cookie" Fernandez B-Rik Fernandez

Griffis Julia Rose 03/05/92 - 03/05/92 P - Bruce & Kathy Griffis

Gugliotta, Dan & Nadine 3/26/1976 - 10/14/2003 P-Dan & Nadine Gugliotta Howard, Christopher L. 3/27/1975 - 5/18/2000 M-Cay Pelaez

Husk, Stacy 03/10/70 - 05/02/90 F - Michael Husk

Hutchcraft, Bruce 3/1/1948 - 1/13/2001 M-Lois Hutchcraft

03/03/79 - 06/24/94 M - Joan Landrum-Hilliard F - Steve Landrum

Lavin, Kevin Joseph 03/24/80 - 03/30/95 P - Kathy & Mike Lavin S - Maggie & Kaitlin Lavin Gdm - Catherine Lavin

Lawrence, Charles E. 03/23/1965 - 06/22/2001 P-Dave and Terry Lawrence S-Carolyn & Cindy C-Ashley, Christina & Stephanie

Lespinasse, Bryan 3/8/1991 - 12/27/2004 M-Margarett Lespinasse

Mink-Miller, Deborha 3/26/1965 - 9/27/1991 M-Diane Mink S-Renee Mink Crosby

Misita, Randall J. 3/15/1966-10/14/1987 P-Tony &Bernie Misita S-Angela Pegram, Robin Sue 03/13/73 - 12/05/93 P - Earl & Susan Pegram
S - Jodi Pegram
B - Scooter & Craig Pegram **GM-Betty Jennings**

Price, Jacob 3/4/2002 - 8/15/2002 M-Charlann Price

Rainey, Wendy Michelle Price 3/7/1968-9/27/2006 M-Shelia Farmer
S-Emily Furst and Pete Price
GP-Charles & Sybil Jones and Pete and Faye Price

Rayburn, Geoffrey (Jeff) Ware 3/2/1970 - 10/15/1995 P-Robert and Sue Moos B-Bobby Moos S-Amy Rayburn GP-Richard & Jeannette Roberson and Josephine Rayburn

Rogers, Dayna Andrew 3/12/1973 - 11/27/1994 M - Linda Heatherly S - Misty Walker & Amber Roger

3/14/1982-9/28/2005 M-Sydnee Shields

Simone, Benjamin Arthur 3/29/1975 - 10/10/1997 P - David & Kathy Simone S - Dawn Figueroa

Simpson, Tianca 3/5/1987-4/18/2000 M-Monica Simpson

Speck, Taylor Jordan 03/27/98 - 03/27/98 M - Charlene Speck

Stanley, Gregory 3/2/1982-10/6/2004

Tucker, Vince 3/8/1972 - 4/26/2005 M-Glenda Tucker A-Judith Gude

March Anniversaries

Aaron, Brittany 4/24/1999 - 3/4/2001 P - Tom & Kim Aaron S - Jessica

Banda, Selena 7/6/2002 - 3/4/2004 P-Richard & Susan Banda

Cepero, Caylee Marie 9/3/2000 - 3/8/2005 P-Dawn and Lee Cepero B-Corbin S-Kennedy GP-Sandy Boehning

Clark, Deborah Denise 1/19/1969 - 3/23/2002 M-Ethel Helms S-Valencia Clark B-James Jr. & Jerel GP-Luella Buford & John L.Clark

Collum, Brian H. 5/11/1965 - 3/7/2005 M-Diana Reams B-Reid Collum

Durcan, Andrea Lynn 01/15/1991 - 03/31/1991 P - David & Dixie Durcan S - Lindsey & Lauren Durcan GP-Marie B. Corcoran

Ferrera, Crista J 8/23/1975 - 03/11/1997 P - Nelson & Guisela Ferrera B - Paolo Ferrera GM - Magda Alvarez Aunt - Mirta Diaz Uncle - John Ferrera

Frederick, Mark Anthony 12/4/1974-3/9/2006 P-Becky & Mike Frederick GP-Becky & Mike Frederick 8/8/1963 - 3/21/1998 M-Virgian Gallian S-Paige Mask

Gochenaur, Lac 02/15/91 - 03/23/98 92-13/91 - 03/23/98
P - Kelli & Chris Gochenaur
S - Jacee & Riley Gochenaur
GP - Ronald & Clarine Barton
M - Pat Dukes

Goolsby, Melissa 12/28/1974-3/2/2005 M-Wanda Tindale

Gould, Richard J. 9/26/1981 - 3/3/2001 M-Cindy Phelps-Wise F-Ralph Gould B-Ryan, Bryan & Mark

Griffis, Julia Rose 03/05/92 - 03/05/92 P - Bruce & Kathy Griffis

12/10/94 - 03/06/96 P - Ken & Jackie Hall B - Jason Gabriel Hall

Kerby, Kristen Elizabeth 10/21/1979 - 3/31/2002 P-Larry & Vickie Kerby S-Kimberley B-Mark

L'Homme, Ryan 4/16 /81 - 3/23/00 P - Charles & Teresa L'Homme S - Cortney L'Homme

Lavin Kevin Joseph 03/24/80 - 03/30/95 P - Kathy & Mike Lavin S - Maggie & Kaitlin Lavin Gdm - Catherine Lavin Marchetti, Katie 8/4/1989 - 3/4/2006 P-Vin & Laura Marchetti B-Andrew Marchetti

Mendoza, Jennifer 9/26/1986 - 3/3/2005 F-Joey Mendoza

Nichols, Shannon Jr. 10/5/1979 - 3/29/2004 M-Terrena Nichols F-Shannon Nichols

Parker II, James Donald 1/21/1979 - 3/24/1998 P - James & Kim Parker B - Richard Wm. Parker S-Jackie Wise GP-Don Parker & Richard Salisbury

Pfister, Megan Lynn 5/2/1990 - 3/3/1999 P - Frank & Stephanie Pfister

Racke, Sabrina D. Wallace 12/2/60 - 3/12/97 P-Arnold & Louise Wallace **B-Chris Wallace** Children-Jamie and Jennifer

Regis, Chad 4/7/1971 - 3/22/2005 P-Ray & LaRae Regis GP-Bea Forbes

Robertson, Ty Kristan 2/4/1979 - 3/29/2003 P-Jim & Teresa Farmer S-Toni-Danielle Robertson **B-Chris Farmer** GM-Wanda Warren Children-Taylor Morris, Trystan & Jordan Robertson

Rogers, Jason Rov 01/08/1978 - 03/21/1990 P-James Roy & Elaine Rogers B-Justin & Jacob Rogers GP-Arthur & Ethel Fernandez

Rose, Kailyn Dyann 8/22/2000 - 3/4/2003 M-Evelyn E. Rose

Sasnett, Debbie Powell 12/14/1956 - 03/31/2000 P-Jackie & Billy Powell B-Debby & Tony S-Penny

Sluder, Kathryn 8/31/1966-3/17/2002 F-Tom Sluder

Speck, Taylor Jordan 03/27/98 - 03/27/98 M - Charlene Speck

Stone, Casey Taylor 02/07/94 - 03/08/94 P - Lynn & Todd Stone S - Haley Stone

Stone, Danny 12/05/74 - 03/17/94 P - Dan & Janet Stone B - Josh & Andy Stone

Tarez, Kami 7/1/1980 - 3/1/2006 M-Leigh Tarez

Todd, Joan 4/22/1960 - 3/12/2004 M-Mary McCord

Wolf, Jacqueline Deanne 2/15/1984 - 3/16/2000 P- David & Debbie Wolf





Dear Friends,

The Angel of Hope Committee is working to bring an Angel of Hope Memorial Garden to the Tampa Bay Area. This Garden will be a place of peace and solitude for parents whose children have died to give them a message of HOPE!

Our Third Annual Spring Tea will take place on <u>Saturday</u>, <u>April 28</u>, 2007 at the Comfort Inn, at 820 Busch Blvd. and I-275, from 10 am to 12:00 pm. This year's Tea will have a fashion show, entertainment, a raffle, and a silent auction.

We are currently looking for individuals to serve as table hostesses or hosts. Table hostesses have a great time planning a theme for their table, decorating the table and inviting seven of their friends to join them for a morning of fun and entertainment. Table hostesses will purchase tables for \$175.00, and then they can invite their friends to join them at the table. Each individual chair costs \$25.00; table hostess may collect this cost from their friends or choose to pay the full amount themselves. It is up to you.

Corporate Tables may be purchased for a minimum donation of \$200.00. The corporate name will be listed in the program with signage on the table as well.

Please consider hostessing a table for this wonderful event. If you are interested please call Julie Leyde at 813-949-5970 or Gina Casal at 813-746-4796 for more information.

Sincerely,

Julie Leyde and Gina Casal, Tea Chairpersons Angel of Hope Committee

Four-leaf Clover Poem

Author: Ella Higginson

I know a place where the sun is like gold and the cherries bloom forth in the snow; And down underneath is the loveliest place, Where the four-leaf clovers grow.

One leaf is for **FAITH**,
And one is for **HOPE**,
And one is for **LOVE** you know;
And **GOD** put another in for **LUCK**:
If you search you will find where they grow.

After the worst loss of all, one parent finds......

The Courage To Move On

By Ann Hood Published: February 4, 2007, Parade Magazine

The first time I picked up knitting needles was on a beautiful October morning in 2002, six months after my 5-year-old daughter, Grace, died from a virulent form of strep. Learning to knit wasn't just a way to distract me during the long months of grieving. It also was an attempt to redefine myself. Once Grace was born, I became the mother of a little girl. That meant I combed her fine blond hair and taught her the ABCs; that we lay together on the sofa, singing along to her favorite movie, *Oliver!* I had a vision of a future in which Grace grew up and my role changed: I would shop with her for lipstick, teach her to ride waves in the ocean and share my favorite books with her. Once, when asked what she wanted to be when she grew up, Grace said: "I want to write books like my mommy, except I'll write mine in nail polish."

When your child dies, that imagined future dies too. Unable to grasp what had happened, I could no longer make sense of words. I couldn't read. I couldn't write. I needed to find something new. Yes, for distraction, for meditation, but also to put me on a path that was not all wrapped up in the person I had been. I needed something without Grace's fingerprints on it.

This is the part of grief that I did not yet know. Like most of us, I knew the common things: how hard each birth-day and anniversary would be; how my husband, Lorne, and I might not sleep or eat very much; how we should try to talk about our pain. Grief brings an emptiness with it, like someone punched a hole in you. My arms and my lap ached from the emptiness Grace had left behind.

After the death of someone we love, we are forced to figure out who we are now. It is difficult to reach the point where you realize that moving forward doesn't mean leaving behind the person you've lost. I remember how upset I became when we had to buy a new car shortly after Grace died. A part of me wanted to keep everything exactly as it had been. I even resisted painting the living room. Each small change seemed to make our daughter disappear a little more.

Then, that same October when I learned to knit, my husband began redoing the cracked asphalt sidewalk in front of our house. Every weekend, as the leaves changed from green to gold and then began to fall, he dug and measured and planned an intricate herringbone pattern. When the sidewalk was finished, he began work on the driveway, removing the sharp gravel and replacing it with cobblestones. By the following fall, Lorne had relined our small city yard with beach stones and circular patterns of cobblestone and brick. By the garden, he laid the stones in a heart shape for Grace.

This physical labor distracted him. It helped the long weekends to pass, and he found a new passion. Our yard, our driveway, our front walk—all of it had changed. And it was beautiful. One warm spring evening, I looked around our exquisite yard. When we moved to this house, Grace had dubbed it "our happy house." That night, I smiled—remembering and believing that, even with changes, it was indeed still our happy house.

How to move on. Part of the work of grieving is to channel our emotions and energy into activities that help us redefine ourselves. Some people turn to creative pursuits. For me, it was knitting. The soft clicking of the needles helped me to relax. Some people reach out and help others by volunteering. And some, recognizing that life is precious and short, fulfill their dreams.

To help yourself heal, do what moves you. Or do what matters. Adopt a cat. Visit Spain. Ride a bike. Help the homeless. Be a mentor. And in each new activity, remember the loved one who brought you there. Then, take those first tentative steps into the rest of your life.

Ann Hood is the author of "Somewhere Off the Coast of Maine." Her new novel, "The Knitting Circle" (W.W. Norton), is just out.

LifePath Hospice and Palliative Care

offers its 15th annual

Camp Circle of Love

a weekend camp for children who have experienced the loss of a loved one

May 4 - 6, 2007



HOW TO REGISTER

Call LifePath Hospice at (813) 877-2200 to register your child for camp. Camp Circle of Love is open to any child between the ages of 6 and 16 who has experienced the death of a loved one.

Remembering

By Elizabeth Dent

Go ahead and mention my child, The one that died, you know. Don't worry about hurting me further. The depth of my pain doesn't show. Don't worry about making me cry. I'm already crying inside. Help me to heal by releasing The tears that I try to hide. I'm hurt when you just keep silent, Tretending he didn't exist. I'd rather you mention my child. Knowing that he has been missed. You asked me how I was doing. I say "pretty good" or "fine." But healing is something ongoing. I feel it will take a lifetime.



March the Month of In Between

In Between Winter And In Between Spring

Your Death has Left me Feeling In Between In Between This World And In Between the Next

Since you died Nothing's the same I no longer feel like I Belong Yet I haven't Wings for Heaven Tho I have No Heart for Earth

So I'm Somewhere with March I'm Somewhere In Between

> By Naomi Holzman © 1993 Volusia/Flagler, Florida

PANACHÉ

by Keith Swett

(Keith will be a speaker at the 2007 BP/USA National Gathering)

Joy is public but pain is always private. We do not comprehend the pain of another.

Good friends commented that they wished that woman would get over her dead baby. They're not bad people. They certainly didn't realize they were offending my wife and me. After all, we had lost an adult son; and my wife rarely speaks Matt's name. I, on the other hand, tell humorous stories about Matt to reinforce Shake-speare's message almost daily.

Because I laugh, people don't see the void in my life. You see I realize that there will never, never be any new stories. Never is beyond my comprehension; I realize that I won't tell new stories today, not tomorrow, not the day after. Then my comprehension stops.

So how much does it hurt? It hurts as much as the first day but not as often. It hurts so much that I forget whom I am talking to at a wrestling tournament. People think I'm senile, but Matt wrestled here and I'm seeing matches that are ten years old.

It is January, a couple of days after Matt's death or maybe four years and a couple of days. But time is suspended and I'm lost.

Theo has no idea how much he reminds me of Matt. Most days I could watch him forever. The way he runs, and works, and laughs take me back to '97. Both Theo and Matt refuse to grow up. They'll be 12 forever.

I usually ignore physical pain, refusing to be sensible and therefore limited. Sometimes the shoulder or hip wins and for several days nothing moves. I crawl down inside myself and wait for it to be better.

Most days I laugh at life and taunt the pain that would be my master. Some days pain wins. If I don't seem to be myself maybe I'm not with you at all. I'm sledding at the lake park, climbing trees, singing at the library, watching <u>Grease</u>. I'll be back soon. I just need to visit Matt awhile.

THANKS TO OUR VOLUNTEERS THAT HELPED WITH THE GASPARILLA MARATHON!

These wonderful people came out on a 53 degree damp Sunday morning with high winds and while it was still dark! We were so cold when it was over at 9 a.m. but we were ready to sign up for next year!!!! Hope you will too!

Thanks to Sue and Ben Bowditch, Tannny Hill, Charles L'Homme, Jackie and George Loadholtz, Bill Schneider, and David and Beverly Hurley. We also had wonderful help from the college & career ministry, Ekklesia, from New Beginnings Christian Church (www.newbeginningscctampa.org) in South Tampa. Attending were sponsors Bethany Jett and Terri Snodgrass, along with Natalie Snodgrass, David Snodgrass, Jason Seals, Sara Lamb, John Lamb, and Justyn Shirey.

We got free tee shirts and many personal rewards besides an upcoming donation that will help our Chapter expenses for the printing and mailing of our newsletter and various other expenses as all work nationally and locally is done by volunteers!!



HAPPY 21st BIRTHDAY PHILLIP (PJ) COMBS

March 24, 1986 to June 12, 2004



Today my son, TJ would have turned 21 years old.

Why was he taken so young?

No one can answer that.

I think about TJ everyday

and miss him more and more

as time goes on.

TJ will live forever in my heart.

And one day we will all be together again.

Happy Birthday honey we all love & miss you very much.

LOL, Mom & Travis

Our Credo

We are the parents whose children have died. We are the grandparents who have buried grandchildren. We are the siblings whose brothers and sisters no longer walk with us through life. We come together as Bereaved Parents of the USA to provide a haven where all bereaved families can meet and share our long and arduous grief journeys.

We attend monthly gatherings whenever we can and for as long as we believe necessary. We share our tears, confusion, anger, guilt, frustrations, emptiness, and feelings of hopelessness so that hope can be found anew. As we accept, support, comfort and encourage each other, we demonstrate to each other that survival is possible.

Together we celebrate the lives of our children, share the joys and triumphs as well as the love that will never fade. Together we learn how little it matters where we live, our color, our affluence, or what faith we uphold as we confront the tragedies of our children's deaths. Together, strengthened by the bonds we forge at our gatherings, we offer what we have learned to each other and to every more recently bereaved family.

We are the Bereaved Parents of the USA. We Welcome You.

Thoughts For Springtime?

Would it be easier, if spring were not so lovely?

Would it be easier. if robins did not sing?

Would I be stronger, if the trees were barren or if a cloak of grey hid everything?

Could I be braver, if the days were faded and if the sun remained remote and cold?

> I hear the whispers Of a new beginning. The earth is new. Why is my grief so old?

> > by Sascha Wagner

2007 National BP/USA Gathering July 13, 14 and 15, 2007



Please join us for the 12th Annual BP/USA National Gathering July 13 to 15, 2007 being held in Downer's Grove, Illinois at The Doubletree Guest Suites Hotel (620 971 2000) just a taxi ride from either Chicago airport (approx \$35 PER taxi). We have reasonable room rates of \$89 for 2, \$99 for 3 or more at the hotel, with free parking. All rooms are suites. Meal package available, which is not-dividable, is \$118. The hotel provides a free shuttle to the commuter trains which makes sightseeing in the city very manageable. Call the hotel and make your room reservations and be sure to tell them you are with the BEREAVED PARENTS OF THE USA GATHERING.

Registration forms available on the BP/USA National website at www.bereavedparentsusa.org. If you have questions about the BP/USA Gathering, please call Donna Corrigan, Gathering Chairperson at 630 279 6148 or email Bpwindsofhealing@aol.com! Thank you!



The Bereaved Parents of the USA P.O. Box 156 Gibsonton, FL 33534

March 2007 POSTMASTER - Dated Material Please do not delay.



Non-Profit Organization U.S. Postage Paid Permit #15 Gibsonton, FL 33534

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